

Finham Primary School & Nursery is a vibrant 'child-centred' learning community that is part of a family of schools in Finham Park Multi Academy Trust. We have based our school ethos on 5 key values that enable our children to be better equipped for today and their future.

Teamwork

Respect

Integrity

Enjoyment

Discipline

#### Intent

At Finham Primary School, we strive to create an environment which aims to inspire children to actively enjoy PE, encourage each other and achieve. We aim to provide a safe and supportive environment, enabling children to flourish in a range of different physical activities, as well as supporting their physical, emotional, spiritual, social and moral development.

At Finham we offer a varied and stimulating program of activity to ensure that all our children progress physically through a bespoke and fully inclusive PE curriculum. We encourage all children to develop their understanding of the way in which they can use their body, equipment and apparatus safely yet imaginatively to achieve their personal goals.

All children have the opportunity to enjoy being physically active, develop an understanding of how to maintain a healthy lifestyle and improve their use of the school values of teamwork, respect, integrity, enjoyment and discipline (TRIED) within a physical education context.

The aim of Physical Education is to promote a positive attitude towards physical activity and healthy lifestyles. Children are taught through the use of the school values (TRIED), as well as a focus on self-esteem, empathy, fairness, self-belief, reflection and self-motivation. Thus, embedding life-long values to support a healthy and physically active lifestyle.

#### Implementation

At Finham our long-term plan ensures that we meet the requirements of the National Curriculum. Children are assessed linked to a progression of skills from Year 1 to Year 6 that have been developed for Finham pupils. All pupils from Years 1 to 6 receive at least two hours of high-quality PE. Our PE curriculum is sequenced precisely to ensure progression of knowledge and skills throughout a child's primary education, thus enabling children to build upon prior experiences and apply these fluently, with confidence.

The Long-term plan has been designed to link in with inter school competitions including school games events. Intra school events have also been planned to link with the long-term plan to develop opportunities for competition as an individual and as part of a team. At Finham we recognise the importance of being physically active throughout the school day.

Children have the opportunity to further skills in a range of after school sports clubs which are continually reviewed and developed to create varied opportunities for all. Breaktimes and lunchtimes are also a time when children are able to access equipment and support from all staff members on duty as well as sports coaches at lunchtimes. Within our outdoor learning focus each year group has an area of the school ground to maintain, develop and grow. Across the curriculum and across all year groups there is a focus at Finham to continue to create and develop opportunities for active lessons and outdoor learning regularly.

#### Teaching of PE in the Foundation Stage:

Pupils in EYFS undertake daily physical exercise within choosing their own learning (COOL) time, where physical and outdoor learning is a key part of our Early Years curriculum. All children also undertake a

timetabled physical development lesson at least once a week. Each week active lessons are taught within different areas of the EYFS curriculum. In Reception pupils have designated time for an outdoor learning lesson each week.

During the Summer term, a Sports Day is held for all children from EYFS, KS1 and 2 covering traditional sports day activities, with the focus during these events on participation.

Year 5 have an annual residential trip during the spring term in which they undertake a series of physical and challenging activities, including: kayaking, mountain walking, orienteering and rock scrambling.

We aim to continue to engage with whole school events/active challenges to increase the profile of physical education in school and in the community. These opportunities are used to promote a positive attitude towards physical activity for the whole of the Finham Community.

#### Impact

Children at Finham Primary School experience a wide variety of different physical activities during their time here. Healthy lifestyles and wellbeing is promoted and links made with the school's values and PSHE curriculum. The children are encouraged to try new sports, develop their skills, join after school clubs and to represent their school at competitive events.

Children's progress is monitored by using informal assessments such as observations, by evaluating their own and others work and questioning children to identify what they have understood. This is tracked using end of unit assessments and recorded on DCPro to identify which children are working at, towards and above age-related expectations. These are reported to parents in the end of year reports.

The subject leader monitors the physical education provision through observations, learning walks, pupil voice. Pupil interviews provide children with an opportunity to reflect on what they have learnt and its impact on skill development and understanding of healthy lifestyles.

The Subject leader provides ongoing CPD support based on the outcomes of subject monitoring to ensure that the impact of the curriculum is wide reaching and positive.