

Physical Education Curriculum Map

Physical Education						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Gymnastics	Gymnastics	Ball Skills	Athletics	Gymnastics	Athletics
Reception	Gymnastics	Gymnastics	Dance	Athletics	Ball Skills	Athletics
Year 1	Gymnastics Ball Skills	Ball Skills Athletics	Dance Understanding Games	Gymnastics Ball Skills	Team Building Athletics	Health and Well Being Athletics
Year 2	Gymnastics Ball Skills	Ball Skills Athletics	Dance Understanding Games	Gymnastics Ball Skills	Team Building Athletics	Health and Well Being Athletics
Year 3	Gymnastics Invasion Games	Health and Well Being Invasion Games	Dance Invasion Games	Gymnastics Outdoor Adventurous Activities	Athletics Striking/Fielding Games	Athletics Net/Wall Games
Year 4	Swimming Gymnastics	Swimming Invasion Games	Dance Swimming	Swimming Invasion Games	Athletics Striking/Fielding Games	Athletics Net/Wall Games
Year 5	Gymnastics Invasion Games	Invasion Games Athletics	Dance Outdoor and Adventurous Activities	Gymnastics Invasion Games	Net/Wall Games Health Related Fitness	Athletics Striking/Fielding Games
Year 6	Cycling Proficiency Gymnastics	Invasion Games Athletics	Dance Invasion Games	Gymnastics Outdoor Adventurous Activities	Net/Wall Games Health Related Fitness	Athletics Striking/Fielding Games

