

Dear Parents/Carers,

Another week has flown by, and as always, the children and staff have been incredibly busy. Here at Finham Primary, we are passionate about providing an exceptional, innovative education that inspires and empowers our children, in every class, every day! We aim to develop confident, resilient, independent lifelong learners, and this has been evident this week in all lessons. I am blown away by the children's articulation about their learning and the pride they have in themselves.

Next week, we will begin celebrating National Storytelling Week. Our theme for 2026 is "Speaking Story into the Darkness," encouraging creative expression through spoken word, reading, and writing. Please spend some time this weekend telling stories to your children, and feel free to record this on your Learning with Parents APP.

Have a good weekend

Mrs Bracken

### **Does your child have enough sleep?**

We have noticed some children arriving at school feeling tired. Please ensure your child goes to bed at a reasonable time. A regular bedtime is crucial for better learning, memory, focus, emotional development, and overall wellbeing.

#### **Age-Specific Sleep Needs:**

- Ages 3–5: 10–13 hours per night
- Ages 6–8: 9–12 hours per night
- Ages 9–11: 9–11 hours per night

#### **Suggested Bedtimes by Age:**

- Ages 3–5: 6:30–7:30 pm
- Ages 6–8: 7:00–8:00 pm
- Ages 9–11: 8:00–9:00 pm

#### **Tips for a Smooth Bedtime Routine:**

- Keep bedtime consistent
- Avoid screens 1 hour before bed
- Create a calm environment
- Give a 5-minute warning
- Keep routines predictable

#### **Diary Dates**

**Tuesday 27<sup>th</sup> – Saturday 31<sup>st</sup> – Year 5 Dol Y Moch**

**Wednesday 28<sup>th</sup> January**

- Inspire workshop Year 3 - 09:00-10:00
- Year 4 swimming 12:30-15:30



## UPPER PHASE NEWSLETTER

This week in science, Year 4 students have been exploring the fascinating world of solids, liquids, and gases. They have learned to classify materials and objects based on their states, examining the properties that distinguish each category. Through engaging activities, children have discussed the common uses of various materials and identified similarities and differences among the three states of matter. In geography, pupils have delved into the anatomy of rivers, drawing and annotating diagrams to illustrate their understanding of the different parts of a river. This hands-on approach has enhanced their geographical knowledge and artistic skills.

In computing, Year 5 students have gained valuable insights into the digital landscape, focusing on the types of viruses, malware, and hackers. They have discussed strategies for keeping passwords safe and secure, fostering a sense of responsibility in their online interactions. Meanwhile, in art, children have been introduced to the concept of perspective drawing, inspired by the theme of the Highwayman. They have studied various artists who utilised this technique and practised their skills by creating landscapes that incorporate horizon lines, enhancing their artistic capabilities.

Year 6 has been engaged in an important geography lesson on the significance of rainforests. Students have created spider-grams to visually represent the essential roles that rainforests play in our ecosystem, fostering a deeper appreciation for environmental conservation. In gymnastics, they have focused on creating sequences of movements, ensuring that their actions are controlled and linked effectively. This combination of controlled physical movement and creative expression was challenged by providing different equipment for them to express themselves

## SCHOOL PROJECT FOR YEAR 4

Thank you for all the donated toilet rolls, we have now received enough for our project.

## PUNCTUALITY

Supporting your child get to school on time is so important. 5 minutes late per day, every day of the week adds up to 3 days of lost school time.

What to do the night before and in the morning:

- Get everything you need for school ready
- Set your alarm with plenty of time to spare
- Make lunch the night before
- Get out of bed as soon as your alarm goes off
- Keep an eye on local traffic, if you know it will be busy leave earlier

## WEEKLY ATTENDANCE

<b>Nursery</b>	91 %	<b>3M</b>	95 %
<b>RT</b>	92 %	<b>4G</b>	96 %
<b>RW</b>	93 %	<b>4R</b>	97 %
<b>1B</b>	96 %	<b>5R</b>	93 %
<b>1L</b>	96 %	<b>5B</b>	100 %
<b>2R</b>	99 %	<b>6S</b>	95 %
<b>2W</b>	97 %	<b>6T</b>	94 %
<b>3B</b>	97 %	<b>Over all</b>	<b>96 %</b>

## PE DAYS – Please ensure your child wears the correct PE uniform on the correct day.

Monday	Year 1- Ball Skills Year 2 – Health & Well being Reception – Ball Skills	Please can all children wear their PE kit to school on PE days
Tuesday	Year 3 – Gymnastics Year 5 – Gymnastics Year 4 – OAA	
Wednesday	Nursery – Gymnastics & Ball Skills Year 4 – Swimming Xcel Year 5 – OAA Year 6 - Athletics	Plain white T-shirt or white t-shirt with Finham Primary logo
Thursday	Reception – Gymnastics Year 6 – Gymnastics Year 3 – OAA	<ol style="list-style-type: none"> <li>1. Plain navy blue or black shorts</li> <li>2. Plain navy blue or black joggers</li> <li>3. Plain navy blue or black leggings</li> <li>4. White Socks</li> <li>5. Black trainers/pumps (that fit well)</li> <li>6. Plain navy jumper</li> <li>7. Navy Hoodie with Finham Primary logo</li> </ol>
Friday	Year 2 – Ball Skills Nursery – Gymnastics & Ball Skills Year 1 – Health & Well being	PLEASE ENSURE YOU LABEL ALL ITEMS WITH YOUR CHILD'S NAME

